

May 14th, 2017
Sermon Notes

Growth Group Discussion

Bonus Article accompanying today's message and discussion guide:

<http://www.desiringgod.org/messages/satan-seeks-a-gap-called-grudge>

Spring | Week 4

Use this time as a group to *grow spiritually and to deepen your relationships*.

The Hidden Darts of the Underhander

Underhanders are typically the most clever mis-managers of anger. They are like anger ninjas who hide their anger almost invisibly. They don't appear to be angry, yet inside they really are. To get back at you in revenge, they vengefully expressing their anger in sneaky ways that are destructive.

Many underhanders are unaware of their anger. They think they're just being funny. They argue they didn't mean anything by what they said or did, and they try to make you feel that you're imagining things. But when you feel invisibly punched, cut up, poked at, deflated, or put down — trust your feelings, and be on the lookout around for an underhander.

Reflection and Discussion

1. **Discuss what an "Underhander" is**, and how you have seen or experienced Underhanders in your life.
2. **Have the person closest to the door** stand up and loudly bust everyone in the group they think is an Underhander. Just kidding. Don't do that. ***Just want to see if you actually read these things. A good idea is to open it up*** for people share if they personally identify with the underhanded anger style in the past, and how they might have developed that style.

3. Read Matthew 5:21-24

How do you think that Jesus is telling you to think about how you treat people when anger is present in a relationship? What do you think is God's mindset on anger and reconciliation? Can you be angry at someone and ok with God?

Share your thoughts about how transforming your anger expression could improve our church community.

4. Read Leviticus 19:18

"Do not seek revenge or bear a grudge against anyone among your people, but love your neighbor as yourself. I am the Lord."

When does anger become a grudge? Are you prone to hold grudges? What is the effect?

Having a mindset of forgiveness helps prepare us for any offense that may come our way. This is like already having a vial of antidote before you are bitten by a poisonous snake, instead of trying to find the antidote once you are bitten and the poison begins to take effect.

How does Ephesians 4:22-27 work into this?

"You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. "In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold."

Family Reminders

For more information, visit the Welcome Center.

Jacksonville Jumbo Shrimp Baseball Game— Friday May 19th

Get your tickets at the Welcome Center.

Teacher and Coaches Appreciation Day and Super Fun Sunday—NEXT Sunday, May 21st

Extra Invitations at the Welcome Center

Special Offering

Please pray and consider what you would like to give in 2017. Goal cards can be turned in using red offering envelopes at any time starting next Sunday.

Contribution Update

Weekly Budget: \$10,000
10-week Average: \$9,784
Growth Goal: \$11,000
Avg # Givers Weekly: 64

This is Us—2017 Florida Marriage Retreat Daytona Beach, FL

sponsored by the Orlando Church of Christ
September 23-24, 2017
Find out more and register at
www.TheOrlandoChurch.com